

## FOR 25 TO 30 MINUTE CLASSES

These are two examples of shortened Vivadi classes. You can use these shorter plans in the way it better suits your weekly schedule. If you have any doubts please get in touch with us!

EXAMPLE DAY 1	EXAMPLE DAY 2
Starting Song The starting song and ending song should always be present because they clearly mark that the English period is starting and ending. This helps establish a routine for the children, and that is something that they essentially need.	Starting Song
Game (if you feel it's necessary) The aim of the game is to get the children to sit on the floor in a circle, so if you'd like to use another strategy or game to do this, go for it!	<b>Game</b> (if you feel it's necessary)
Emotional Impact Video Select any emotional video out of the four options.	Storytelling Children have already watched the video so you can start directly with the story. Don't doubt to repeat the same story in the same week. Kids love to repeat content and, they need to listen to the story many times to really get the meaning of it.
Storytelling Make sure you select a story that relates to the emotional video. E.g.: if the video is about laughter, the story should also be about that. Don't confuse the laughter videos with the hugging stories.	Move Your Hips They will need this moment to prepare themselves to relax in the following section.
<b>Move Your Hips or Savasana</b> (in harmony part)	Harmony Time Now, you can go through every step of



You can either choose to play a song for the children to dance if you feel they need to loosen up a bit and move around or, you can play the Savasana Song in the Harmony Time part if you sense the children are needing some relaxing time.

In both cases, they will be listening to songs in English and that is immersion.

the Harmony Time section.

## **Ending Song**

To make sure the class has a clear end, and it didn't just end because time is up. This will help children feel that they've experienced something more than completing tasks.

**Ending Song**